

# Voluncheer!



Newsletter of the GFWC Western Maryland Community Club

November 2014 • Vol. 7, No. 1

Please Join Us!

## WMCC NOVEMBER MEETING

**TIME:** 6:30 p.m.  
**DATE:** Wednesday, November 12, 2014  
**PLACE:** Puccini's Restaurant  
12901 Ali Ghan Rd, NE, Cumberland  
**ACTIVITY:** Ornament Exchange  
(bring a giftwrapped Christmas ornament)  
**PROJECT:** Bring Art Supplies for Friends Aware  
(or a monetary donation)

### Greetings WMCC Friends!

How can it possibly be November?!?! The holidays are fast approaching and WMCC is going to be busy with a number of projects over the next few weeks.

If you missed the Halloween Party, you missed a good dinner, so I'm including my Pumpkin Roll recipe on pg. 4. If you haven't done so already, please remember to drop-off Food Donations for Western Maryland Food Bank, and Ticket Stubs for the Vera Bradley Raffle. Many thanks for supporting this project by selling tickets, and special thanks go to Bonnie, Mary, Jo and Peg who donated items for the raffle. I will draw for the first winner as soon as I receive all the ticket stubs.

**Please join us for our November Meeting and Ornament Exchange on Wednesday, November 12th at Puccini's Restaurant.** Be sure to bring your giftwrapped Christmas ornament (\$10.00 value) so you can join in the fun! Also remember to bring Art Supplies (or a monetary donation) for Friends Aware's Art Program. We'll be distributing Salvation Army Gift Bags at the meeting and they need to be dropped off to Mary Beth's office by Monday, November 24th. **Also remember to WEAR PURPLE for Prematurity Awareness Month!**

Thanks to Mary Beth, we'll have sign-ups at the meeting for:

- Salvation Army Bell Ringing on Saturday, November 22nd, 10 a.m. to 4 p.m.
- Toys for Happiness Giftwrapping on Sunday, November 30th, 11 a.m. to 6 p.m.

**Please note that, due to a scheduling conflict, the date of our December Meeting has been changed to Wednesday, December 3rd.**

In Federation Friendship,  
Debbie

## Club Calendar

NOVEMBER - DECEMBER

- 11/4 ELECTION DAY
- 11/6-9 GFWC Southeastern Region Meeting, Kingsport, TN
- 11/11 VETERANS DAY
- 11/12 WMCC Meeting & Ornament Exchange at Puccini's Restaurant
- 11/22 Salvation Army Bell Ringing, WalMart, 10:00am-4:00pm
- 11/27 HAPPY THANKSGIVING!
- 11/30 Toys for Happiness Gift Wrapping, 11:00am-6:00pm
- 12/3 **RESCHEDULED**  
WMCC Meeting & Christmas Party at Mary Ruddell's
- 12/10 GFWC Holiday Open House, Washington, DC
- 12/25 MERRY CHRISTMAS!

## November Is

- Military Family Appreciation Month
- Prematurity Awareness Month
- November 17-21 is  
American Education Week
- November 15 • America Recycles Day



## It's In The Bag!

Remember to put these items in YOUR Bag for the November Meeting

**ART SUPPLIES** for Friends Aware

**GIFTWRAPPED ORNAMENT** for the Ornament Exchange

\$2.00 for Operation Smile

And **Bring a Friend**, so they won't miss out on all the FUN!

— CONTINUING COLLECTIONS —

Box Tops for Education

Clothing and Linens for "Dawn's Closet" at Social Services



## got news?

If you have anything you would like to include in the December Newsletter, please email to Debbie Spinnenweber at [spinnen@verizon.net](mailto:spinnen@verizon.net)

**Deadline: December 1, 2014**

### November 11th is Veterans Day GFWC Partner: USO

The USO makes every moment count. This Veterans Day marks the one-year anniversary of the USO's "Every Moment Counts" campaign—a national campaign that rallies Americans to honor and create moments that matter for our troops and their families. Over the past year, nearly 11 million moments have been created for our troops and their families across the world as part of the "Every Moment Counts" campaign. To celebrate this incredible milestone, the USO invites the American people to donate a moment to our troops on 11/11 and join us as we set out to deliver another 11 million moments worldwide. By making an \$11 donation, you can help provide our troops and their families with phone calls home, free lunch at a center, a special birthday moment, and so much more. Together, we can make Every Moment Count.

To make an \$11 donation to the USO, visit [www.USO.org/gfwc](http://www.USO.org/gfwc).



### November is Prematurity Awareness Month GFWC Partner: March of Dimes

**WEAR PURPLE** to our November Meeting to show your Purple Passion for Babies!

November is Prematurity Awareness Month® and when the March of Dimes focuses the nation's attention on premature birth. November 17th is **World Prematurity Day**, and the March of Dimes and their partner organizations worldwide are asking everyone to help spread the word on the serious problem of premature birth.



Every year, more than half a million babies are born too soon in the U.S. and our premature birth rate has risen 36% over the last 25 years. That's serious cause for concern. Premature birth costs society more than \$26 billion a year and takes a high toll on families. Babies born just a few weeks early are at risk of severe health problems and lifelong disabilities. Premature birth is the #1 killer of newborns.

**GFWC Holiday Open House**  
 You're invited to an evening of laughter and good cheer at GFWC's Holiday Open House. Mix and mingle over hors d'oeuvres and refreshments.

**December 10, 2014, 4:00-7:00 p.m.**  
 GFWC Headquarters  
 1734 N. Street, NW, Washington, DC 20036

—RSVP—  
[events@GFWC.org](mailto:events@GFWC.org) or 1-800-443-GFWC

## Top 10 Things to do with your Leftover Halloween Candy

Have you pigged out on Halloween candy but still have tons left? What can you do with all your leftover candy so that you (and your family) don't eat it all? Here are some good ideas to keep that leftover Halloween candy from going to waste—or to “your” waist!



- 1. SEND IT TO THE TROOPS.** There are several organizations that let you donate your leftover Halloween candy to the troops. This is a special treat for the troops and can even help them in handing candy out to locals to build trusting relationships.
- 2. DONATE IT.** You can donate your leftover Halloween candy to a local nursing home or women's shelter or food bank. This is something worthwhile that you and your children can do to help others while also getting those sweets out of the house.
- 3. BAKE WITH IT.** There are so many recipes that can be found online for leftover Halloween candy; some of our favorites include Butterfinger Cake, Tootsie Roll surprise cupcakes and cookies topped with M&Ms.
- 4. BRING IT TO THE OFFICE.** Your coworkers will love the extra treats, and the sugar rush will make everyone that much more productive.
- 5. STUFF A PIÑATA WITH IT.** Whether you are having a party or just for an afternoon of fun, you can stuff a piñata with your leftover Halloween candy and let the excitement commence.
- 6. USE IT FOR STOCKING STUFFERS OR GIFTS.** You can purchase holiday themed bags at your local craft store and fill them with your leftover Halloween candy. Most candy will still be good to eat in December.
- 7. USE IT FOR CANDY-THEMED CRAFTS.** If you do not want to eat your Halloween candy but don't want to throw it away either, you can use it to create wonderful candy-themed crafts, such as Tootsie Roll wreaths or candy corn picture frames. These handmade crafts make perfect holiday gifts.
- 8. FREEZE IT FOR LATER.** Most candy freezes well. You can freeze candy in small plastic bags to use for baking or special treats later. You can organize your candy before you freeze it by type, color or your child's favorites. You can even use your thawed out candy to decorate a gingerbread house in the winter.
- 9. USE IT FOR THANKSGIVING OR PARTY DECORATIONS.** If you have plans to entertain on Thanksgiving, your leftover Halloween candy has the perfect color palate. You can also save your leftover Halloween candy to be used for party decorations. You can create a candy buffet or simply put your candy out in decorative bowls. Your guests will love it.
- 10. USE IT FOR TEACHER'S GIFTS.** At holiday time most people are searching for something to give to their child's teachers. You can have your child help you package up your leftover Halloween candy in handmade bags or boxes to make the perfect gift.

So rather than putting on those three to four pounds eating your leftover Halloween candy, you can use these tips to find something worthwhile and creative to do with it.

Source: [www.toptenreviews.com](http://www.toptenreviews.com)

## 2014-2015 Meetings

**August 27, 2014**

German Life/Educare • Planning Mtg.

**September 24, 2014**

Ginger's Asian Kitchen

**October 29, 2014**

Debbie Spinnenweber's  
Halloween Party

**November 12, 2014**

Puccini's Rest. • Ornament Exchange

**December 3, 2014**

Mary Ruddell's  
Christmas Party & Toy Collection

**January 28, 2015**

General Graphics • Club Reports

**February 25, 2015**

Restaurant TBA

**March 25, 2015**

Restaurant TBA

**April 22, 2015**

City Lights Restaurant  
Anniversary Meeting & Gift Exchange

**May 27, 2015**

Jo Miller's • Annual Meeting



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at Amazon.com**

The holiday season is upon us!

Help strengthen GFWC's volunteer programs while you do your holiday shopping by making your purchases through GFWC's Amazon.com affiliate link. The link enables members to direct up to 15 percent of their total purchases to the Federation. Access the link by clicking on the Amazon.com image on our homepage at [www.GFWC.org](http://www.GFWC.org).

## WMCC Officers 2014-2016

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### Co-Treasurer

Jo Miller  
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### WMCC HOTLINE!

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PROUD MEMBER OF



The General Federation of Women's Clubs is an international women's organization dedicated to community improvement by enhancing the lives of others through volunteer service.

[www.gfwc.org](http://www.gfwc.org)

## The Wye Oak—A Piece of Maryland History

Maryland's Wye Oak was recognized as the largest White Oak tree in the nation. Its stately presence in the village of Wye Mills in Talbot County marked the passage of time for many generations. Since it sprouted in the 1500s, until it fell in 2002, the Wye Oak witnessed the fall of a civilization and the birth of a nation.



"Marylanders have a very real connection with the historic Wye Oak," said Nursery Manager Richard Garrett. "They stopped to see it on their way to the beach and bought seedlings to plant at their new home when they moved out of State."

The desire to have this tree's legacy live on led Maryland's John S. Ayton State Forest Tree Nursery to grow its offspring. The Maryland DNR is now offering a limited quantity of Wye Oak descendant seedlings for \$50.00.

WMCC has been trying to purchase a seedling for several years to present to Western Maryland Health System. Peg recently received a mailing stating that seedlings were now available. If we order now, it will be shipped in March or April, depending on weather. Since it will be presented as a gift, we will also receive a certificate of authenticity, history of the tree, and planting instructions.

## Pumpkin Roll by Debbie Spinnenweber



Yield - 10 to 12 servings

This yummy Pumpkin Roll has been a favorite in my house for years. The recipe is from an old Southern Living cookbook and it turns out perfect every time—I promise!

### DIRECTIONS:

1. Beat eggs with electric mixer on high for 5 minutes or until pale yellow; gradually beat in sugar. Stir in pumpkin and lemon juice.
2. In a separate bowl, combine flour, baking powder, salt, cinnamon, ginger and nutmeg; fold into pumpkin mixture.
3. Pour batter into a greased and floured 15x10x1-inch jellyroll pan, spreading evenly; sprinkle with nuts. Bake at 375° for 15 minutes or until top of cake springs back when lightly touched.
4. Sprinkle powdered sugar onto cotton towel. Loosen edges of cake, and immediately invert onto towel. Roll up cake in towel, beginning with narrow edge. Cool cake completely.
5. **To Make Filling:** Combine cream cheese, butter and vanilla extract in a small bowl. Mix in powdered sugar and beat with electric mixer on medium until smooth and creamy.
6. Gently unroll cake; spread with filling to 1/2-inch of edges. Re-roll cake and chill. Store in refrigerator.

### CAKE INGREDIENTS:

3 eggs  
1 cup sugar  
2/3 cup canned pumpkin  
1 teaspoon lemon juice  
3/4 cup all-purpose flour  
1 teaspoon baking powder  
1/2 teaspoon salt  
2 tablespoons ground cinnamon  
1 teaspoon ground ginger  
1/2 teaspoon ground nutmeg  
1 cup finely chopped walnuts  
Powdered sugar

### FILLING INGREDIENTS:

2 (3-ounce) packages cream cheese, softened  
1/4 cup butter, softened  
1/2 teaspoon vanilla extract  
1 cup powdered sugar